## Who Are We?

TheraFeet is an established Pedorthic practice, specializing in Video Gait Analysis, Biomechanical Assessments, Foot Orthotic Manufacturing, Footwear Fittings and Footwear Modifications. Using cutting edge gait analysis software and established assessment techniques we can tailor our treatment plans to your specific goals and needs.



We have a wide client range from the elite athlete to the casual runner, from young children to the elderly. So whatever your sport, age, or injury give us a call and let TheraFeet help you back on your feet.



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# One Pair of Feet Must Last a Lifetime



#### About our care.

At TheraFeet we recognize that each patient is unique. Our experienced clinical Pedorthist works with both traditional methods and state-of-the-art analysis tools to review, assess and interpret your individual movement patterns in order to understand how your feet are functioning. From this, we can create a tailored treatment plan specifically for you.

Our custom functional foot orthotics are modified and fabricated in our specialized lab. By using the data from the biomechanical assessment, each custom orthotic is designed specifically for your foot type, pathology and activity.

We carry 12 brands of shoes. Styles include running, comfort, clogs, children and orthopedic. Each shoe is fitted specifically to the client's foot. Narrow

and wide widths are available.

Shoe modifications include internal/ external lifts, medial/lateral flares and rocker soles.

### How can TheraFeet help me?

TheraFeet can help patients with a wide range of foot and lower limb conditions.

Common conditions that we manage include:

- Arthritis
- Runners knee
- Plantar fasciitis
   Achilles tendonitis
- Achilles tendonit
- Bunions and bunionettes
- Heel pain
- · Iliotibial band friction syndrome
- Excessive pronation
- Shin splints
- Claw toes or hammer toes
- Limb length discrepancies
- Sports injuries
   Metatarsalgia
- Numbness in the toes
- Knee pain
- Low back pain
- · Other foot injuries due to trauma

## What our clients say:

"I have been using custom orthotics made by TheraFeet for years. As an emergency physician I am on my feet all day long in tennis shoes that would have no support if it were not for the orthotics. Thank you again."

- Kim Krach M.D.

"TheraFeet was like a gods send!! By correcting my feet with custom orthotics and recommending a pair of shoes, I have fully recovered. Have not had achy feet since. I can't thank TheraFeet enough."

-Yolanda RN

"Just a note to thank you for your recent consultation, and to let you know how pleased I am with both pairs of shoes. I can most highly recommend your consultation and this service to your clients."

- J. Hector Pope M.D.

## What is a Pedorthist?

ABC Board Certified Pedorthists are orthotic and footwear experts. Pedorthists (C. Ped) are one of the few healthcare professionals trained in the assessment of lower limb anatomy and biomechanics.

With specialized education and training in the design, manufacture, fit and modification of foot orthotics and footwear, Pedorthists can help to alleviate pain, abnormalities and debilitating conditions of the lower

limbs and feet that if left untreated could result in limited mobility.

ABC Board Certified Pedorthists work with prescribing healthcare providers to help patients achieve healthy lower limbs and feet.